

PACIFIC COAST ATHLETIC CONFERENCE / MAY 30, 2017

State champ Griffins' Beard final Men's AOTW of 2016-17

Grossmont College became the first San Diego County team as well as the first Pacific Coast Athletic Conference club to win the California Community College baseball championship Monday, and the Griffins' Trevor Beard is the final PCAC Men's Athlete of the Week of the 2016-17 academic year.

Beard, the Griffins' 6-foot-1, 180-pound sophomore catcher from San Clemente High School who came to Grossmont as a transfer from Purdue, went 2-for-5 with a run scored and an RBI as coach Randy Abshire's club defeated defending champion Santa Rosa 10-6 at Fresno City College to take the state title back to El Cajon.

"(Beard) really deserved this after catching every inning (36 over three days) in that heat," said Abshire, whose team won 12 straight games after their final regular-season loss (4-2 to second-place Palomar on April 20), including back-to-back victories over Ohlone and Santa Rosa on Friday and Saturday to begin the state championship Final Four.

The Bear Cubs, came battling back in the late game Sunday to eliminate Ohlone, then knocked off the Griffins 5-4 on Monday to force an extra game later in the day to determine the state title. Beard then singled through the left side in the fifth inning and again singled through the left side to drive in a run in the seventh and the G-House came home a winner.

Along with his defensive play, Beard banded out five hits over the weekend as he finished the season with a .323 batting average and 34 RBIs.

Grossmont's honorable mention selections for the week were sophomore center fielder David Maldonado,

sophomore first baseman Noah Strohl and Hayden Shenefield, who pitched a complete-game 3-0

PCAC 2016-17 MEN'S ATHLETES OF THE WEEK		
Sept 5	Joe Joe Hudson, Southwestern	Football
	Fred Zaragoza, San Bernardino Valley	Soccer
Sept 12	Jomari Becnel, Mt. San Jacinto	Football
	Rockne O'Brien, Grossmont	Water Polo
Sept 19	Luis Ortega, San Bernardino Valley	Cross Country
	Francisco Contreras, San Diego City	Soccer
Sept 26	Sam Tapia, Palomar	Football
	Patrick Koch, Palomar	Football
Oct 3	Ryan Stokes, Southwestern	Football
	Adrian Tolbert, Grossmont	Football
Oct 10	Eddie Franco, MiraCosta	Soccer
	Michael Teran, San Bernardino Valley	Cross Country
Oct 17	Jake Schaeffer, Palomar	Wrestling
	Cameron Woldt, San Diego Mesa	Water Polo
Oct 24	Humberto Ramirez, San Bernardino Valley	Football
Oct 31	Brad Cagle, Grossmont	Football
Nov 7	Anthony Ellison, College of the Desert	Football
	Tony Oreb, Palomar	Water Polo
Nov 14	Seville Hayes, Palomar	Wrestling
	Sergio Torres, San Bernardino Valley	Soccer
Nov 21	Steven Lepe, Cuyamaca	Cross Country
Nov 28	Alex Wilbourn, San Diego City College	Basketball
Dec 5	Darien McClain, San Diego City College	Basketball
	Alberto Garcia, Palomar	Wrestling
Dec 12	Chance Eskam, Palomar	Wrestling
	Oscar Limon, Grossmont	Basketball
Dec 19	Emanuelle Bradbury, Imperial Valley	Basketball
	Austin Bryant, MiraCosta	Basketball
Dec 26	LaVale Coleman, Palomar	Basketball
Jan 3	Javan Perry, San Diego Miramar	Basketball
Jan 9	Brandon Jolley, San Bernardino Valley	Basketball
Jan 16	Takoda Browne, San Diego Miramar	Basketball
	Josh Pilling, MiraCosta	Basketball
Jan 23	Tre Nottingham, Mt. San Jacinto	Basketball
	Romario Wilson, San Diego City College	Basketball
Jan 30	Ja Morgan, San Bernardino Valley	Basketball
Feb 6	Jonathan Vizcaino, Palomar	Baseball
	Sloan Blanscet, San Diego Mesa	Baseball
Feb 13	Tymorae Glover, San Bernardino Valley	Basketball
	Carl Brown, Mt. San Jacinto	Basketball
Feb 20	Marc Williams, San Diego Miramar	Basketball
Feb 27	Michael Cartwright, Southwestern	Baseball
Mar 6	Alex Makhmudiyautsev, San Diego Mesa	Swimming
	Robert Bostedt, Grossmont	Baseball
Mar 13	Robert Taylor, San Diego City College	Basketball
Mar 20	Nicco Birdsong, Grossmont	Swimming
Mar 27	Ryan Semon, Palomar	Baseball
	Tyler Arroyo, San Diego Mesa	Track & Field
Apr 3	Mitch Cannon, Palomar	Golf
Apr 10	Hayden Shenefield, Grossmont	Baseball
Apr 17	Peter Trhac, Palomar	Tennis
Apr 24	Cabot Van Til, Grossmont	Baseball
May 1	Richard Schweitzer, Mt. San Jacinto	Golf
	Matt Schmitt, College of the Desert	Golf
May 8	Justen Burkey, Grossmont	Baseball
	Grant Buck, Palomar	Baseball
May 15	Hector Hernandez, San Bernardino Valley	Track & Field
	Colton Clark, Cuyamaca	Track & Field
May 22	Tim Holdgrafer, Grossmont	Baseball
	Luis Ortega, San Bernardino Valley	Track & Field
May 30	Trevor Beard, Grossmont	Baseball

win over shutout win over Santa Rosa on Sunday and then came back to pitch the final two innings in the second game Monday.

Shenefield, who couldn't win a second conference AOTW award in the same season after receiving the honor on April 10, was completing his first season of college baseball after attending San Diego State and Grossmont simultaneously this spring. The Woodland Hills El Camino Real product, who had been pitching in an adult league prior to this season, graduated from SDSU two weeks ago with a degree in business, combining with the state title to make 2017 doubly memorable.

Maldonado, Grossmont's centerfield and leadoff hitter from Temecula Valley High School who has committed to San Diego State, went 2-for-4 with two doubles and an RBI in Friday's 4-3 win over Ohlone, driving in the deciding run with a double to left center in the fifth inning. He homered in Monday's loss to Santa Rosa, then singled and drove in a run in the deciding game against the Bearcats later in the day.

Strohl, who also has committed to San Diego State, singled and drove in a run in Monday's first game, then came up big in the championship game by going 3-for-4 with a home run, two doubles off the wall and four RBIs.

Five San Diego area teams had reached the state championship game prior to this season only to finish second – San Diego City College to College of the Sequoias in 1957, San Diego City to Stockton (now San Joaquin Delta) in 1958, San Diego City to Cerritos in 1974, Palomar to Santa Rosa in 2005 and Southwestern to Sierra in 2008. Palomar also finished third in the 2015 state tournament, behind champion Orange Coast and runner-up Santa Rosa.

There is no Women's Athlete of the Week award PCAC women's teams this week. The women's sports year ended the previous weekend.

Pacific Coast Athletic Conference teams had the conference's best athletic year in history in 2016-17, also winning state titles in women's indoor volleyball (Grossmont), men's basketball (San Diego City) and women's beach volleyball (MiraCosta). PCAC colleges also took second in the state in badminton (Grossmont) and women's swimming & diving (San Diego Mesa).