PACIFIC COAST ATHLETIC CONFERENCE / APR. 17, 2017

Comets' 2-time PCAC champion Trhac is Men's AOTW

The Pacific Coast Athletic Conference has selected Palomar College's 2-time conference tennis champion Peter Trhac as its Men's Athlete of the Week for April 10-16.

Trhac, a sophomore from Del Norte High School, won the PCAC singles title for the second straight year and teamed with Kyle Le to win his second consecutive conference doubles title to conclude the PCAC Championships at Grossmont College's courts.

Trhac turned back Kimo Barrere of San Diego Mesa 6-1, 7-6 (7) for his repeat singles title, advancing to 23-1 on the season. His only 2017 loss has been to Cerritos' Sasha Krasnov from School 106 in Odessa, Ukraine on Feb. 21.

Trhac and new partner Le won the conference doubles championship with a 6-1, 3-6, 10-4 victory over Grossmont's Morgan Peyre and Maab Al Jumaili in the finals.

Honorable mention was awarded to Mesa diver Mike McKinney, Palomar baseball player Conor McKenna and Southwestern baseball player Kenny Ohlhauser.

McKinney, a 63-year old freshman who last competed at Madison High School (Class of 1971), won the PCAC 3-meter (124.25 points) and 1-Meter (148.80 points) titles in the conference finals that were held in conjunction with the Southern California Diving Regionals at El Camino College. McKinney's eighth-place finish on the 3-meter board qualified him for the CCCAA State Swimming & Diving Championships May 4-6 at East Los Angeles College. Since his days at a diver at Madison, McKinney earned a BA degree from UC San Diego in art and music and an MA from Portland State University in education.

McKenna, a freshman third baseman from Carlsbad High School for a Palomar team that is 27-6 on the season, is tied for the PCAC lead with Grossmont at 17-1 and has won 14 straight games, is hitting .398 for the Comets. He helped Palomar to a 3-game sweep of College of the

PCAC 2016-17 MEN'S ATHLETES OF THE WEEK

Sept 5	Joe Joe Hudson, Southwestern	Football
	Fred Zaragoza, San Bernardino Valley	Soccer
Sept 12	Jomari Becnel, Mt. San Jacinto	Football
	Rockne O'Brien, Grossmont	Water Polo
Sept 19	Luis Ortega, San Bernardino Valley	Cross Country
	Francisco Contreras, San Diego City	Soccer
Sept 26	Sam Tapia, Palomar	Football
	Patrick Koch, Palomar	Football
Oct 3	Ryan Stokes, Southwestern	Football
	Adrian Tolbert, Grossmont	Football
Oct 10	Eddie Franco, MiraCosta	Soccer
	Michael Teran, San Bernardino Valley	Cross Country
Oct 17	Jake Schaeffer, Palomar	Wrestling
	Cameron Woldt, San Diego Mesa	Water Polo
Oct 24	Humberto Ramirez, San Bernardino Valley	Foothall
Oct 31	Brad Cagle, Grossmont	Football
Nov 7	Anthony Ellison, College of the Desert	Football
	Tony Oreb, Palomar	Water Polo
Nov 14	Seville Hayes, Palomar	Wrestling
	Sergio Torres, San Bernardino Valley	Soccer
Nov 21	Steven Lepe, Cuyamaca	Cross Country
Nov 28	Alex Wilbourn, San Diego City College	Basketball
Dec 5	Darien McClain, San Diego City College	Basketball
	Alberto Garcia, Palomar	Wrestling
Dec 12	Chance Eskam, Palomar	Wrestling
	Oscar Limon, Grossmont	Basketball
Dec 19	Emanuelle Bradbury, Imperial Valley	Basketball
	Austin Bryant, MiraCosta	Basketball
Dec 26	LaVale Coleman, Palomar	Basketball
Jan 3	Javan Perry, San Diego Miramar	Basketball
Jan 9	Brandon Jolley, San Bernardino Valley	Basketball
Jan 16	Takoda Browne, San Diego Miramar	Basketball
	Josh Pilling, MiraCosta	Basketball
Jan 23	Tre Nottingham, Mt. San Jacinto	Basketball
	Romario Wilson, San Diego City College	Basketball
Jan 30	Ja Morgan, San Bernardino Valley	Basketball
Feb 6	Jonathan Vizcaino, Palomar	Baseball
	Sloan Blanscet, San Diego Mesa	Baseball
Feb 13	Tymorae Glover, San Bernardino Valley	Basketball
	Carl Brown, Mt. San Jacinto	Basketball
Feb 20	Marc Williams, San Diego Miramar	Basketball
Feb 27	Michael Cartwright, Southwestern	Baseball
Mar 6	Alex Makhmudyautsev, San Diego Mesa	Swimming
	Robert Bostedt, Grossmont	Baseball
Mar 13	Robert Taylor, San Diego City College	Basketball
Mar 20	Nicco Birdsong, Grossmont	Swimming
Mar 27	Ryan Semon, Palomar	Baseball
	Tyler Arroyo, San Diego Mesa	Track & Field
Apr 3	Mitch Cannon, Palomar	Golf
Apr 10	Hayden Shenefield, Grossmont	Baseball
Apr 17	Peter Trhac, Palomar	Tennis

Desert last week. McKenna went 4-for-4 with a walk, a run scored and an RBI as the Comets won game 1 by a 19-4 score. He was 2-for-4 with a triple and 4 RBIs in a 6-3 win in game 2. And, in game 3, McKenna was 2-for-6 with a triple, 2 runs scored and an RBI in Palomar's 20-4 victory.

Ohlhauser, Southwestern's freshman right fielder from El Capitan High School, helped lead the Jaguars to a 3-game sweep of Mesa that ran their winning streak to 10 games. Ohlhauser, Southwestern's lead-off hitter, went 3-for-4 with a double, a triple, a walk and 4 runs scored in game 1, a 7-5 victory for the Jaguars. In game 2, he was 2-for-4 with a double and a run scored in a 4-2 win. And, in game 3, Ohlhauser went 3-for-5 with a double, a walk, an RBI and 2 runs scored as Southwestern beat the Olympians 12-4.