



## 2017 PACIFIC COAST ATHLETIC CONFERENCE MEN'S SWIMMING & DIVING

**Conference Championships:** 4-20 through 4-22 at Palomar (Diving 4/14 & 4/15 at El Camino College)

### Scoring

San Diego Mesa 1075  
Grossmont 521  
Palomar 516  
Southwestern 316

(Dual champion, San Diego Mesa)

### Awards

**Swimmers of the Year** – Chris Evangelista, San Diego Mesa and Connor Baine, Palomar  
**Divers of the Year** – Jesse Vanderkolk, San Diego Mesa and Michael McKinney, SD Mesa  
**Coach of the Year** – Nathan Resch, San Diego Mesa

### Event Winners

3-meter diving – 1. Mike McKinney, San Diego Mesa, 124.25 pts.  
1-meter diving – 1. Jesse Vanderkolk, San Diego Mesa, 165.10 pts.  
200-yard freestyle relay – 1. San Diego Mesa, 1:28.07  
500-yard freestyle – 1. Blake Wixom, San Diego Mesa, 4:49.84  
200-yard individual medley – 1. Chris Evangelista, San Diego Mesa, 1:57.13  
50-yard freestyle – 1. Connor Baine, Palomar, 21.73  
400-yard medley relay – 1. Palomar, 3:51.60  
200-yard medley relay – 1. San Diego Mesa, 1:28.07  
400-yard individual medley – 1. Emmanuel Molina, San Diego Mesa, 4:27.64  
100-yard butterfly – 1. Nicco Birdsong, Grossmont, 53.08  
200-yard freestyle – 1. Chris Evangelista, San Diego Mesa, 1:46.40  
100-yard breaststroke – 1. Alexandr Makhmudyantsev, 58.19  
100-yard backstroke – 1. Connor Baine, Palomar, 54.01  
800-yard freestyle relay – 1. San Diego Mesa, 7:09.68  
1650-yard freestyle – 1. Wyatt Schmidt, San Diego Mesa, 17:26.0  
200-yard backstroke – 1. Connor Baine, Palomar, 2:00.56  
100-yard freestyle – 1. Chris Evangelista, San Diego Mesa, 47:35  
200-yard breaststroke – 1. Alexandr Makhmudyantsev, 2:14.00  
200-yard butterfly – 1. Blake Wixom, San Diego Mesa, 1:57.01  
400-yard freestyle relay – 1. San Diego Mesa, 3:12.02